

Mitchel S. Godat, D.D.S., M.S.*
Grant T. King, D.D.S, M.D.S*
Olga Byakina, D.D.S., M.S.*
*Board Certified Periodontist and
Dental Implant Surgeon

Periodontal Associates OF MEMPHIS

Periodontal, Laser and Dental Implant Therapy

6268 Poplar Avenue · Memphis, TN 38119 · phone 901.761.3770 · fax 901.761.3775

www.PerioMem.com · Info@PerioMem.com

Partners Emeritus
Preston D. Miller, Jr., D.D.S.
James R. Ross, D.D.S., M.S.*
Roger D. Craddock, D.D.S.

POST EXTRACTION INSTRUCTIONS

Please read the General Pre- and Post-Op Instructions.
These are additional notes following a tooth extraction.

- (1) Do not chew on the side of the extraction.
- (2) Your body will begin to heal by forming a clot. To keep this clot in place, we request that you apply gentle pressure with gauze for 30 minutes. Do not chew on the gauze. This can be repeated.
- (3) Do not wear a removable appliance (partial or denture) without having the doctor adjust or realign.
- (4) If wearing a removable appliance, do not remove it for 24 hours. After 24 hours, remove the appliance and rinse gently. Replace the appliance immediately. Continue this daily until completion of treatment. This prevents swelling of the tissue. If tissue swelling occurs with the appliance out of the mouth, you may not be able to wear the appliance for several days.
- (5) If wearing a removable appliance, do not use denture adhesive unless approved by your doctor.
- (6) Remember, no sucking through a straw or spitting for the first 5 days. See General Pre- and Post-Op Instructions for more information.

(Last updated 8/29/2019)

Read, Sign, and Send all consent forms at least 3 to 5 days before surgery.
Fax – 901-761-3775



Active Member
American Academy of Periodontology
Specialist in Periodontics

