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POST DENTAL IMPLANT INSTRUCTIONS

Please read the General Pre & Post Op Instructions.

These are additional notes following dental implant treatment.

- (1) Do not chew on the side on which the implant was placed for two months.
- (2) Your body will begin to heal by forming a clot. To keep this clot in place, we request that you apply gentle pressure with gauze for 30 minutes. Do not chew on the gauze.
- (3) Do not wear a removable appliance (**partial, denture, nightguard, retainer**) without having the doctor adjust or reline it. Doing so could cause your implant or graft to fail.
- (4) If wearing a removable appliance, do not remove it for 24 hours. After 24 hours, remove the appliance and rinse gently. Replace the appliance immediately. Continue this daily until completion of treatment. This prevents swelling of the tissue. If tissue swelling occurs with the appliance out of the mouth, you may not be able to wear the appliance for several days.
- (5) If wearing a removable appliance (**partial, denture, nightguard, retainer**), do not use denture adhesive unless approved by your doctor and only apply adhesive were instructed otherwise you risk complications.
- (6) If you have a temporary crown or bridge on your implant and it becomes dislodged, please carefully reinsert the temporary with toothpaste. This will keep the tissue from collapsing around the area. Please call the office so we can recement your temporary. Do not use denture adhesive for a temporary crown or bridge.
- (7) Do not brush or floss around your implant and temporary until allowed. Brushing and flossing could dislodge your temporary.

(Last updated 8/29/2019)

Read, Sign, and Send all consent forms at least 3 to 5 days before surgery.

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