

Periodontal Associates

OF MEMPHIS

Periodontal, Laser and Dental Implant Therapy

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POST EXTRACTION INSTRUCTIONS

Please read the general Pre & Post Appointment Instructions.

These are additional notes following a tooth extraction.

- (1) Do not chew on the side of the extraction.
- (2) Your body will begin to heal by forming a clot. To keep this clot in place, we request that you apply gentle pressure with gauze for 30 minutes. Do not chew on the gauze. This can be repeated.
- (3) Do not wear a removable appliance (partial or denture) without having the doctor adjust or reline it.
- (4) If wearing a removable appliance, do not remove it for 24 hours. After 24 hours, remove the appliance and rinse gently. Replace the appliance immediately. Continue this daily until completion of treatment. This prevents swelling of the tissue. If tissue swelling occurs with the appliance out of the mouth, you may not be able to wear the appliance for several days.
- (5) If wearing a removable appliance, do not use denture adhesive unless approved by your doctor.

(Last updated March 28, 2011)

Read, Sign, and Send all consent forms at least 3 to 5 days before surgery.



Active Member

American Academy of Periodontology
Specialist in Periodontics

