



# Periodontal Associates

OF MEMPHIS

Periodontal, Laser and Dental Implant Therapy

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The medication given to you today for your dental procedure will remain in your body for approximately 24 hours. You may feel dizzy or lose your sense of balance; your fine muscle control may be changed, and your judgment will be affected. Your reaction time, such as in driving a car, will be slowed. You may not recognize any of these changes. For your safety we have some strict instructions:

### **THE SIX D's (TO BE FOLLOWED FOR THE NEXT 24 HOURS)**

1. Do not **DRIVE**
2. Do not use potentially **DANGEROUS** appliances or equipment (stove, lawnmower, disposal).
3. Be aware of **DIZZINESS** - move slowly, take your time. Sudden position changes can cause nausea.
4. Do not make any important **DECISIONS** - you may change your mind tomorrow.
5. Do not **DRINK** alcoholic beverages -the drugs may cause a dangerous reaction to alcohol.
6. **DISCUSS** any questions you may have with your doctor or staff.

Don't eat if there is any question of whether you feel nauseated or sick at your stomach. It is probably best to stay on clear liquids and soft foods today.

Be sure and ask your doctor or staff about taking or continuing any other medications which you are taking for unrelated conditions.

In general, you should be completely recovered from these medications by tomorrow.